

# Relation of Ketones as the Liking of the Green Tea

Salman Sher, Nabeela Urooj

Department of IMBB, BZU University, Multan, Pakistan

**Abstract**— There are almost students that are present in this project in which 80 students that are participating and involve in this project. And these students are also liked the green tea and belonging to the Multan university. And those people that also liked the green tea that ketones levels are also will be normal. And these type of people are liked the green tea. Green tea is also a very power full diet. And these people giving their views in yes or no. And these types of people also liked the green tea.

**Keywords**— green tea, ketones, students.

## I. INTRODUCTION

There are 80 students which involve in this project and also included make and female students. The female student is also higher in ratio and the male is also lower in ratio. And the male student is also lower than the female. And we also checking the males and female people are that which type of people liked the green tea. Green tea is also a good product and power full product. And people also liked the green tea having ketones level is also normal. And most of the people also liked the green tea. And having sugar level is also normal. Green tea is also will be perfect for those types of the people that are very fatty and very healthy. Green tea is also a good and power full diet after the exercise.

Green tea is also better than other activities and ginger green tea is also is also a green tea is also makes the people very sharp and active. This product is very good for every person and also helps to improve their weight loses. And this product is also helps to reduce their weight. And this product is very good for those type of people that having very healthy person.

The purpose of current work was to correlates the ketones in urine with green tea lover.

## II. MATERIAL AND METHOD

The subjects that underestimated were 100 that were the students at Bahauddin Zakaria University Multan Pakistan those have different thinking with each other's. They were 20-22 year old as they have different visions.

## III. PROJECT DESIGN

In this paper 80 people participate in which boys and girls are also will be included. And the questioner asked question about the liking of green tea as relate to the ketones level.

## IV. STATISTICAL ANALYSIS

MS WORD is also used for their purpose.

## V. RESULTS AND DISCUSSION

There are 80 people that are participating in this project and also in which mostly girls are included and boys are very low in amount. The mostly people included in this project and girls are also higher in number and there for green tea is not affected any person. There are 46 students that are also liked the green tea and in which male and female students are 35 and males are only 11 and that we know that female students is also higher in number than the males students. And 34 people that are not interest in the green tea and in which 30 females and just 4 males are included. And there for girls are also will be greater than the boys in every field of the life. And these are also liked the green tea. And Ketones does not affect the green tea

Table 1: Relation of Urine Ketones with likening of Green Tea

Gender	Yes		No	
	Male	78.56	76.90	21.44
Female	88.33	66.78	11.77	33.33

## VI. CONCLUSION

We also concluded from these project is that no effect of green tea with the ketone. Green tea is also a good drink and not affected to the ketone. Most of the people liked the green tea and few of them does not liked the green tea.

## REFERENCES

- [1] A Islam, M. (2012). "Cardiovascular effects of green tea catechins: progress and promise." Recent patents on cardiovascular drug discovery **7**(2): 88-99.
- [2] Alluhayb, A. H. and B. A. Logue (2017). "The analysis of aroma/flavor compounds in green tea using ice concentration linked with extractive stirrer." Journal of Chromatography A **1518**: 8-14.
- [3] HATTORI, S., et al. (2005). "Identification of volatile compounds which enhance odor notes in Japanese green tea using the OASIS (Original aroma simultaneously input to the sniffing port) method." Food science and technology research **11**(2): 171-174.
- [4] Lin, J., et al. (2012). "Volatile profile analysis and quality prediction of Longjing tea (*Camellia sinensis*) by HS-SPME/GC-MS." Journal of Zhejiang University Science B **13**(12): 972-980.
- [5] Lu, X., et al. (2019). "Quality level identification of West Lake Longjing green tea using electronic nose." Sensors and Actuators B: Chemical **301**: 127056.
- [6] Zhu, Q. Y., et al. (1999). "Regeneration of  $\alpha$ -tocopherol in human low-density lipoprotein by green tea catechin." Journal of agricultural and food chemistry **47**(5): 2020-2025.